SOUTHERN STOP SMOKING SERVICE

ENHANCING WELLNESS IN THE WORKPLACE

Stop Smoking Support in the Workplace

nkmp
NGA KETE MATAURANGA POUNAMU
CHARITABLE TRUST

PEOPLE, PRODUCT, **DELIVERY STANDARD**

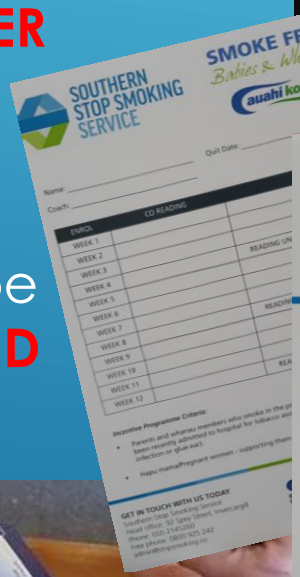
- Coach confidence and competence is essential
- Stop Smoking Service providers need to ensure they invest time in developing their staff and that staff are prepared for the work place scenario
- Buddy up coaches with the agency ***'experience',*** lead out together in a supportive way
- Be committed to growing ***excellence*** as a stop smoking service provider

ENABLE THE ACTION

Employers & participants want **QUALITY** outcomes.

They want to deal with professionals who **DELIVER** what they say they deliver.

Requires the coach to be **ADAPTABLE, FLEXIBLE AND NIMBLE**



KNOW WHAT'S **IMPORTANT TO THE EMPLOYER**

- Agency brands are promoted – work place wellness,
- Liaise with work place administration staff,
- Liaise with supervisors, programme is promoted at meetings – buy in,
- Be a clear point of contact for registrations of interest,
- Work with the employer - recording names of participants, loop them in,
- Schedule group sessions (group size, number of session) that fit the workplace,
- Organise success/good news stories to share – celebrate the gains,
- Help maximise the feel-good aspect - employer/employee perspective.

ENABLE EMPLOYER ACTION

- Foster the co-design partnership approach
- This poster was prepared by the employer, South Port NZ

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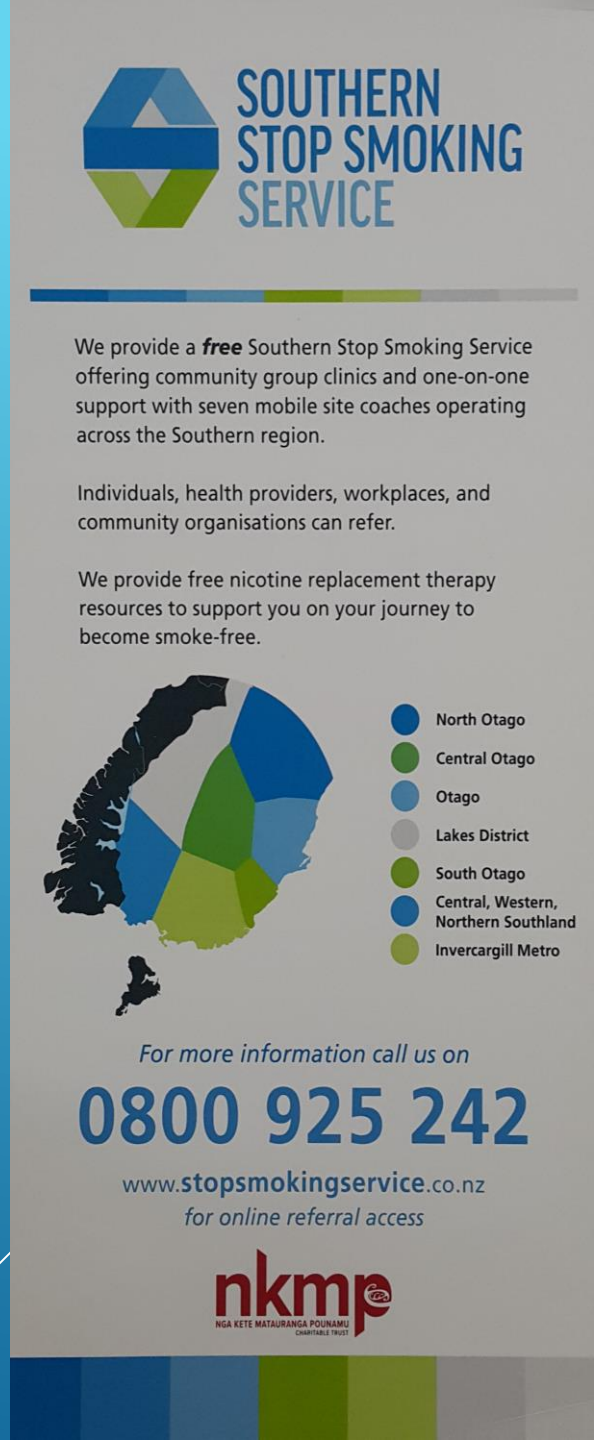
KEY LEARNINGS

- Competent stop smoking staff
- Research the business industry in your patch
- Gain insight into how they operate so profile pitch can be considered
- Pro-active networking and profiling in the business sector
- Make it easy for an employer to access you
- Product & practice able – know the stop smoking business well
- Professional delivery, reliable, timely and responsive
- Follow up, consistent, trustworthy
- Adaptable & flexible to meet workplace needs
- Employer & client centric – know whose needs you are meeting
- Quality engagement, follow through, turn up on time
- Maintain a positive can do attitude
- Celebrate great employee and employer stories