

Stop Smoking Practitioner Programme (SSPP)

A brief update

April 2018

SSPP



- Designed for stop smoking practitioners
- Mandatory SSP MoH funded services
- Core competency qualification
- NZQA framework
- Priorities - Māori, Pacific, Pregnancy

Full Programme

Slip ups happen, don't be embarrassed,
a slip up's not the end of the world.
No matter what happens, call your quit coach!



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For beginner Stop Smoking Practitioners

- 9 assessment tasks
- Attend a 2-day face-to-face training in Stop Smoking Core Competency Fundamentals

Fast Track Programme

- For those who have achieved formal health or wellbeing qualifications at Level 3 or above
- SSPP assessment tasks can be cross-credited
- Advised of the tasks they need to complete to achieve the SSPP qualification, based on area of expertise
- Attend a 2 day face-to-face training in Stop Smoking Core Competency Fundamentals

Health Professionals

Tasks

1. Stop Smoking Medicines
2. Working with your complex need client
3. Working with your Maori, Pacific or other client (a client from a culture different from your own)

Option to attend a 1-day Health Professionals Stop Smoking training workshop



How is it delivered?



- Face to face hub
- Peer review
- Mentoring & support
- Working hours
- E- learning online modules

Hub topics



CO (Carbon Monoxide) Monitor
as a motivational tool.

- Risks of smoking/benefits of quitting
- Tobacco dependence & withdrawal
- Complex needs
- Behaviour change techniques
- Using a carbon monoxide monitor
- Stop smoking medicines

Students

- Graduates - 147
- Full Programme - 123
- Fast Track - 63
- Health Professionals –
181



8 Training Areas

Core competencies, Brief Advice, Using Medicines Refresher, Advanced Competencies, Health promotion, Specialist groups, Service Development, Regulation and compliance

Standards

Quality Assurance

Quality Outcomes

NTS alliance application

Apply

Submit:

- Approved Training Programme form

AND

- Accredited Trainer form



NTS to Check

- Applications Completed correctly?
- All accompanying documentation supplied



External Panel to Assess

- MOH x2
- Subject Matter Expert
- Training and Education Expert

Training Partners

Training Partners

Advanced Brief Intervention - Mental Health & Addiction

[Dr. Hayden McRobbie](#)
[Lorraine Young](#)
[Sue Stevenson](#)
[Vivien Daley](#)

Advanced Brief Intervention - Pregnancy

[Dr. Hayden McRobbie](#)
[Lorraine Young](#)
[Sue Stevenson](#)
[Vivien Daley](#)

Advanced Competencies - Group Based Treatment (GBT)

[Dr. Hayden McRobbie](#)
[Edward Cowley](#)

Advanced Competencies - Helping Mental Health & Addiction Service Users Stop Smoking

[Dr. Hayden McRobbie](#)

Advanced Competencies - Helping Pregnant Women Stop Smoking

[Dr. Hayden McRobbie](#)

Brief Intervention - Tobacco Cessation

[Denise Barlow](#)
[Dr. Hayden McRobbie](#)
[Dr. John McMenamin](#)
[Georgina McKenzie](#)
[John Caygill](#)
[Kate Dallas](#)
[Lorraine Young](#)
[Michelle Lee](#)
[Deborah Mackay](#)

Quality Assured Training Programmes

Advanced Competencies - Group Based Treatment

[Inspiring Ltd \(under licence to TDI\)](#)

Brief Intervention - Tobacco Cessation

[Health Solutions Trust - Whanganui](#)
[Hutt Valley DHB](#)
[Lakes DHB](#)
[Living Smokefree Service - CMDHB](#)
[Waikato DHB](#)
[Wekare Consulting](#)

Core Competencies - Smoking Cessation Fundamentals

[Wekare Consulting](#)
[West Coast PHO](#)

Specialist Groups - Mental Health

[Living Smokefree Service - CMDHB](#)

Specialist Groups - Pregnancy

[Living Smokefree Service - CMDHB](#)

Using Medicines Refresher

[Hutt Valley DHB](#)
[Lakes DHB](#)
[Living Smokefree Service - CMDHB](#)
[Waikato DHB](#)



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Consistency | S



Resources

Resources

Hub Foundation Training Videos

- [NTS 01 Introduction - Stop Smoking Practitioner Programme](#)
- [NTS 02 SSPP - Risks of Smoking](#)
- [NTS 03 SSPP - Tobacco Dependence and Withdrawal](#)
- [NTS 04 SSPP - Behaviour Change Techniques](#)
- [NTS 05 SSPP - Complex Needs](#)
- [NTS 06 SSPP - Nicotine Replacement Therapy - NRTs](#)
- [NTS 07 SSPP - Prescription medicines](#)
- [NTS 08 SSPP - E-Cigarettes](#)
- [NTS 09 SSPP - Little Green Monster Analogy](#)

Examples of what you could say for each Stop Smoking Medicine

- [Carbon Monoxide Monitor](#)
- [Champix](#)
- [Inhalator](#)
- [Mouth Spray](#)
- [Nicotine Lozenge](#)
- [Nicotine Patch](#)
- [Zyban](#)

Flash Cards for clients

Using images or cartoons like these can sometimes help get key message about tobacco dependence and stopping smoking across to clients. You can find a range of flash cards in the Useful Links section which you can print off and use when working with your clients.

Webinar links

Here are the youtube links to our webinar sessions.

Professor Hayden McRobbie - [Long Term Nicotine Use](#)

Professor Hayden McRobbie - [Helping Pregnant Women Stop Smoking](#)

Professor Hayden McRobbie - [Vapourisers](#)

[SSPP Task Tutorial: Professional & Ethical Behaviour](#) - Grant Hocking & Edward Cowley

[SSPP Task Tutorial: Maori Principles & Values](#) - Grant Hocking & Edward Cowley

[SSPP Task Tutorial: Pacific Principles & Values](#) - Edward Cowley

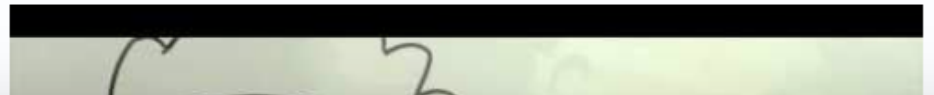
[SSPP Task Tutorial: Tobacco Control and Health Promotion](#) - Grant Hocking

[SSPP Task Tutorial: Stop Smoking Medicines](#) - Grant Hocking

[SSPP Task Tutorial: Working with your Maori client](#) - Grant Hocking & Edward Cowley

Green Monster Analogy

This is a handy way of explaining nicotine addiction to your clients.



For help – contact us

Together we can tip the scales!



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edward@inspiring.org.nz